

# The Human Rights Guide to the Sustainable Development Goals

Linking human rights with all Sustainable Development Goals and targets

Click on goal, target or instrument to expand details.

Use switch to change which column to be first.

Show first:

Targets

instruments

| Goal                                                                                                                                                      | Target                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Instrument                                                                                         | Article / Description                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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|  <p>Ensure healthy lives and promote well-being for all at all ages.</p> | <p><b>3.7</b></p> <p>By 2030, ensure universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes.</p> <p><b>Indicators</b></p> <p><b>3.7.1</b><br/>Proportion of women of reproductive age (aged 15-49) who have their need for family planning satisfied with modern methods</p> <p><b>3.7.2</b><br/>Adolescent birth rate (aged 10-14 year; aged 15- 19 years) per 1,000 women in that age group</p> | <p><b>UDHR</b><br/>Universal Declaration of Human Rights</p>                                       | <p><b>Show all articles</b></p> <p>16.1<br/>Men and women of full age, without any limitation due to race, nationality or religion, have the right to marry and to found a family. They are entitled to equal rights as to marriage, during marriage and at its dissolution.</p>                                                                                                                                                                                                    |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p><b>ICESCR</b><br/>International Covenant on Economic, Social and Cultural Rights</p>            | <p><b>Show all articles</b></p> <p>10 The States Parties to the present Covenant recognize that:</p> <p>10.2<br/>Special protection should be accorded to mothers during a reasonable period before and after childbirth. During such period working mothers should be accorded paid leave or leave with adequate social security benefits.</p>                                                                                                                                     |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                    | <p>12.1<br/>The States Parties to the present Covenant recognize the right of everyone to the enjoyment of the highest attainable standard of physical and mental health.</p>                                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                    | <p>12.2 The steps to be taken by the States Parties to the present Covenant to achieve the full realization of this right shall include those necessary for:</p> <p>12.2.d<br/>The creation of conditions which would assure to all medical service and medical attention in the event of sickness.</p>                                                                                                                                                                             |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p><b>CRC</b><br/>Convention on the Rights of the Child</p>                                        | <p><b>Show all articles</b></p> <p>2.1<br/>States Parties shall respect and ensure the rights set forth in the present Convention to each child within their jurisdiction without discrimination of any kind, irrespective of the child's or his or her parent's or legal guardian's race, colour, sex, language, religion, political or other opinion, national, ethnic or social origin, property, disability, birth or other status.</p>                                         |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                    | <p>2.2<br/>States Parties shall take all appropriate measures to ensure that the child is protected against all forms of discrimination or punishment on the basis of the status, activities, expressed opinions, or beliefs of the child's parents, legal guardians, or family members.</p>                                                                                                                                                                                        |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                    | <p>24.1<br/>States Parties recognize the right of the child to the enjoyment of the highest attainable standard of health and to facilities for the treatment of illness and rehabilitation of health. States Parties shall strive to ensure that no child is deprived of his or her right of access to such health care services.</p>                                                                                                                                              |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                    | <p>24.2 States Parties shall pursue full implementation of this right and, in particular, shall take appropriate measures:</p> <p>24.2.f<br/>To develop preventive health care, guidance for parents and family planning education and services.</p>                                                                                                                                                                                                                                |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p><b>CEDAW</b><br/>Convention on the Elimination of All Forms of Discrimination Against Women</p> | <p><b>Show all articles</b></p> <p>14.2 States Parties shall take all appropriate measures to eliminate discrimination against women in rural areas in order to ensure, on a basis of equality of men and women, that they participate in and benefit from rural development and, in particular, shall ensure to such women the right:</p> <p>14.2.b<br/>To have access to adequate health care facilities, including information, counselling and services in family planning;</p> |
|                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                    | <p>16.1 States Parties shall take all appropriate measures to eliminate discrimination against women in all matters relating to marriage and family relations and in particular shall ensure, on a basis of equality of men and women:</p> <p>16.1.e<br/>The same rights to decide freely and responsibly on the number and spacing of their children and to have access to the information, education and means to enable them to exercise these rights;</p>                       |

|  |                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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|  |                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <p>16.2</p> <p>The betrothal and the marriage of a child shall have no legal effect, and all necessary action, including legislation, shall be taken to specify a minimum age for marriage and to make the registration of marriages in an official registry compulsory.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|  | <p><b>CRPD</b></p> <p>Convention on the Rights of Persons with Disabilities</p>                                                                                                                                  | <p><b>Show all articles</b></p> <p>23.1 States Parties shall take effective and appropriate measures to eliminate discrimination against persons with disabilities in all matters relating to marriage, family, parenthood and relationships, on an equal basis with others, so as to ensure that:</p> <p>23.1.b</p> <p>The rights of persons with disabilities to decide freely and responsibly on the number and spacing of their children and to have access to age-appropriate information, reproductive and family planning education are recognized, and the means necessary to enable them to exercise these rights are provided;</p> | <p>25 States Parties recognize that persons with disabilities have the right to the enjoyment of the highest attainable standard of health without discrimination on the basis of disability. States Parties shall take all appropriate measures to ensure access for persons with disabilities to health services that are gender-sensitive, including health-related rehabilitation. In particular, States Parties shall:</p> <p>25.a</p> <p>Provide persons with disabilities with the same range, quality and standard of free or affordable health care and programmes as provided to other persons, including in the area of sexual and reproductive health and population-based public health programmes;</p> |
|  | <p><b>European Social Charter</b></p> <p>European Social Charter (Revised)</p>                                                                                                                                   | <p><b>Show all articles</b></p> <p>Part II</p> <p>The Parties undertake, as provided for in Part III, to consider themselves bound by the obligations laid down in the following articles and paragraphs.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>Part#II.11</p> <p>With a view to ensuring the effective exercise of the right to protection of health, the Parties undertake, either directly or in cooperation with public or private organisations, to take appropriate measures designed inter alia:</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|  |                                                                                                                                                                                                                  | <p>Part#II.11.1</p> <p>to remove as far as possible the causes of ill-health;</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>Part#II.11.2</p> <p>to provide advisory and educational facilities for the promotion of health and the encouragement of individual responsibility in matters of health;</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>Part#II.11.3</p> <p>to prevent as far as possible epidemic, endemic and other diseases, as well as accidents.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  | <p><b>ADRDM</b></p> <p>American Declaration on the Rights and Duties of Man</p>                                                                                                                                  | <p><b>Show all articles</b></p> <p>XI</p> <p>Every person has the right to the preservation of his health through sanitary and social measures relating to food, clothing, housing and medical care, to the extent permitted by public and community resources</p>                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  | <p><b>Protocol of San Salvador</b></p> <p>Additional Protocol to the American Convention on Human Rights in the Area of Economic, Social and Cultural rights (Protocol of San Salvador)</p>                      | <p><b>Show all articles</b></p> <p>10.1</p> <p>Everyone shall have the right to health, understood to mean the enjoyment of the highest level of physical, mental and social well-being.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>10.2</p> <p>In order to ensure the exercise of the right to health, the States Parties agree to recognize health as a public good and, particularly, to adopt the following measures to ensure that right:</p>                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>10.2.a</p> <p>Primary health care, that is, essential health care made available to all individuals and families in the community;</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>10.2.b</p> <p>Extension of the benefits of health services to all individuals subject to the State's jurisdiction;</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>10.2.e</p> <p>Education of the population on the prevention and treatment of health problems,</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>10.2.f</p> <p>Satisfaction of the health needs of the highest risk groups and of those whose poverty makes them the most vulnerable.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  | <p><b>Inter-American Convention on discrimination against persons with disabilities</b></p> <p>Inter-American Convention on the Elimination of All Forms of Discrimination against Persons with Disabilities</p> | <p><b>Show all articles</b></p> <p>III</p> <p>To achieve the objectives of this Convention, the states parties undertake:</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>III.2</p> <p>To work on a priority basis in the following areas:</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  | <p>III.2.a</p> <p>Prevention of all forms of preventable disabilities;</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  |                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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|  |  | <b>Convention of Belém do Pará</b><br>Inter-American Convention on the Prevention, Punishment and Eradication of Violence Against Women | <b>Show all articles</b><br>4<br>Every woman has the right to the recognition, enjoyment, exercise and protection of all human rights and freedoms embodied in regional and international human rights instruments. These rights include, among others:                                                                                                               |
|  |  |                                                                                                                                         | 4.b<br>The right to have her physical, mental and moral integrity respected;                                                                                                                                                                                                                                                                                          |
|  |  |                                                                                                                                         | 4.e<br>The rights to have the inherent dignity of her person respected and her family protected;                                                                                                                                                                                                                                                                      |
|  |  | <b>ACHPR</b><br>African Charter on Human and Peoples' Rights                                                                            | <b>Show all articles</b><br>16.1<br>Every individual shall have the right to enjoy the best attainable state of physical and mental health.                                                                                                                                                                                                                           |
|  |  |                                                                                                                                         | 16.2<br>States parties to the present Charter shall take the necessary measures to protect the health of their people and to ensure that they receive medical attention when they are sick.                                                                                                                                                                           |
|  |  |                                                                                                                                         | 18.3<br>The State shall ensure the elimination of every discrimination against women and also censure the protection of the rights of the woman and the child as stipulated in international declarations and conventions.                                                                                                                                            |
|  |  | <b>ACRWC</b><br>African Charter on the Rights and Welfare of the Child                                                                  | <b>Show all articles</b><br>3<br>Every child shall be entitled to the enjoyment of the rights and freedoms recognized and guaranteed in this Charter irrespective of the child's or his/her parents' or legal guardians' race, ethnic group, colour, sex, language, religion, political or other opinion, national and social origin, fortune, birth or other status. |
|  |  |                                                                                                                                         | 14.2<br>State Parties to the present Charter shall undertake to pursue the full implementation of this right and in particular shall take measures:                                                                                                                                                                                                                   |
|  |  |                                                                                                                                         | 14.2.f<br>to develop preventive health care and family life education and provision of service;                                                                                                                                                                                                                                                                       |
|  |  | <b>Maputo Protocol</b><br>Protocol to the African Charter on Human and Peoples' Rights on the Rights of Women in Africa                 | <b>Show all articles</b><br>14.1<br>States Parties shall ensure that the right to health of women, including sexual and reproductive health is respected and promoted. This includes:                                                                                                                                                                                 |
|  |  |                                                                                                                                         | 14.1.a<br>the right to control their fertility;                                                                                                                                                                                                                                                                                                                       |
|  |  |                                                                                                                                         | 14.1.b<br>the right to decide whether to have children, the number of children and the spacing of children;                                                                                                                                                                                                                                                           |
|  |  |                                                                                                                                         | 14.1.c<br>the right to choose any method of contraception;                                                                                                                                                                                                                                                                                                            |
|  |  |                                                                                                                                         | 14.1.d<br>the right to self-protection and to be protected against sexually transmitted infections, including HIV/AIDS;                                                                                                                                                                                                                                               |
|  |  |                                                                                                                                         | 14.1.e<br>the right to be informed on one's health status and on the health status of one's partner, particularly if affected with sexually transmitted infections, including HIV/AIDS, in accordance with internationally recognised standards and best practices;                                                                                                   |
|  |  |                                                                                                                                         | 14.1.f<br>the right to have family planning education.                                                                                                                                                                                                                                                                                                                |
|  |  |                                                                                                                                         | 14.2<br>States Parties shall take all appropriate measures to:                                                                                                                                                                                                                                                                                                        |
|  |  |                                                                                                                                         | 14.2.a<br>provide adequate, affordable and accessible health services, including information, education and communication programmes to women especially those in rural areas;                                                                                                                                                                                        |
|  |  |                                                                                                                                         | 14.2.b<br>establish and strengthen existing pre-natal, delivery and post-natal health and nutritional services for women during pregnancy and while they are breast-feeding;                                                                                                                                                                                          |
|  |  |                                                                                                                                         | 14.2.c<br>protect the reproductive rights of women by authorising medical abortion in cases of sexual assault, rape, incest, and where the continued pregnancy endangers the mental and physical health of the mother or the life of the mother or the foetus.                                                                                                        |

